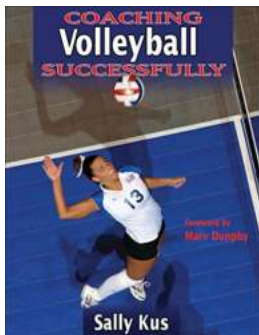


"10 Secrets to Coaching Volleyball Successfully: The Ultimate Guide for Coaching Success" section 1: Introduction Coaching volleyball successfully requires a combination of skill, knowledge, and passion. Whether you are new to coaching or looking to



Coaching Volleyball Successfully (Coaching Successfully Series) by Sally Kus (Kindle Edition)

★★★★☆ 4.7 out of 5

Language : English
File size : 8599 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 226 pages
Lending : Enabled

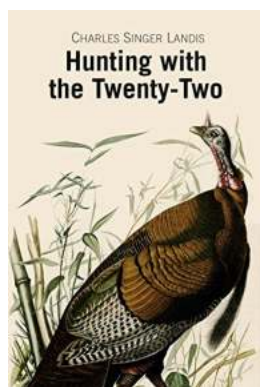


Women's tennis has come of age. Players today are taller, stronger, and faster than ever before. The distinction between traditional baseline, all-court, and serve-and-volley games continues to diminish as players learn how to dictate the point at the earliest opportunity. The top players know how to play to their

strengths and their opponents' weaknesses, and Women's Tennis Tactics shows you how to do the same:

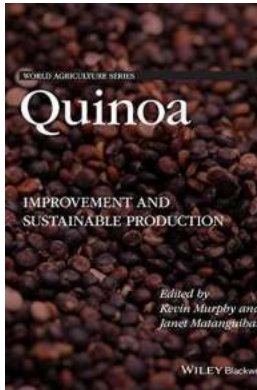
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- Breakdown of match situations and tactical solutions
- Guidance on developing a personal style
- Strategies for tracking performance
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Whether serving, returning, playing the baseline, or playing the net, Women's Tennis Tactics provides you with the strategic arsenal to elevate your game and enjoy greater success on the court. Contents Chapter 1. Tactical Serving Chapter 2. Tactical Returning Chapter 3. Playing From the Baseline Chapter 4. Approaching and Playing at the Net Chapter 5. Opposing the Net Player Chapter 6. Developing a Game Style



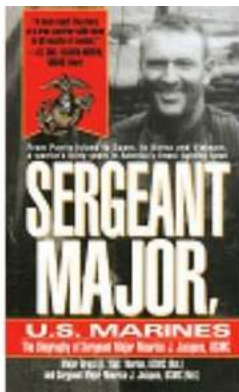
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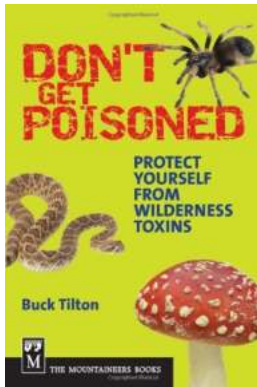
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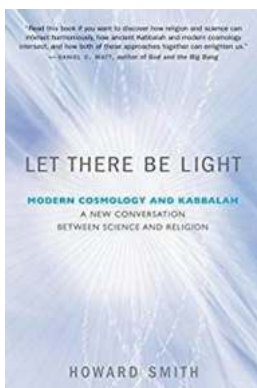
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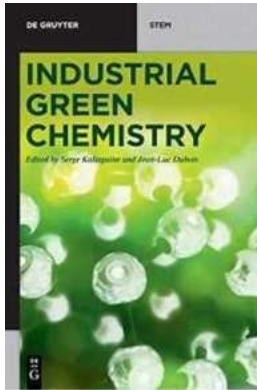
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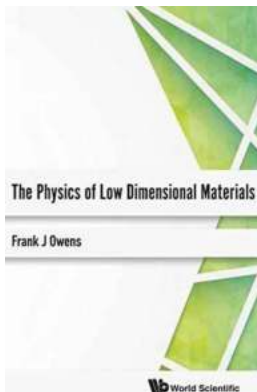
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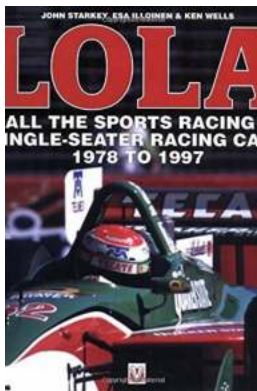
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