

# Discover the Profound Quotes from Our Wounds Under The Skin Collection

Wounds, both physical and emotional, have the power to leave lasting imprints on our lives. They shape us, teach us, and provide us with valuable lessons that propel us forward on our journey. In this article, we have compiled a thought-provoking collection of reflections quotes that explore the depth and wisdom hidden within our wounds under the skin. These quotes will inspire you to reflect upon your own experiences and embrace the transformative power of wounds. So, let's dive in!

**1. "The wound is the place where the Light enters you." - Rumi**

*"Make sure that every breath you take is  
inhaled with passion and exhaled with purpose"*

C. Maria Wall

*Photography by C. Maria Wall*

This profound quote by Rumi emphasizes the transformative potential of our wounds. It suggests that our deepest wounds can become a source of enlightenment and growth, allowing the light to enter our lives. Instead of letting the pain consume us, we can choose to use it as a catalyst for personal development.



## **Wounds Under the Skin: Collection of Reflections & Quotes** by Joshua Lane (Kindle Edition)

★★★★★ 5 out of 5

Language : English

File size : 7841 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

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## **2. "Scars have the strange power to remind us that our past is real." - Cormac McCarthy**

Each scar tells a story. Whether it's a physical scar or an emotional one, they serve as tangible reminders of our past experiences. They are a testament to our resilience and a constant reminder of our strength to overcome hardships. Embracing our scars is embracing our history and accepting that they have shaped us into who we are today.

## **3. "The wound is the place where courage enters us." - Margaret Wheatley**

Wounds can be painful and debilitating, but they also have the ability to ignite courage within us. When we face adversity head-on and persevere through our wounds, our resilience grows, and we discover newfound strength. Courage blossoms in the face of adversity, and wounds become the catalyst for bravery.

## **4. "Out of suffering have emerged the strongest souls; the most massive characters are seared with scars." - Kahlil Gibran**

Great suffering often leads to great growth. Our wounds shape us at the core, molding us into individuals with immense strength of character. It is through enduring pain and healing that we develop resilience, compassion, and wisdom. These scars are not marks of weakness but symbols of extraordinary strength and endurance.

**5. "The soul always knows how to heal itself. The challenge is to silence the mind." - Caroline Myss**

The journey of healing starts from within. Our souls possess an inherent ability to heal, but it is our minds that often hinder this process. By quieting the noise of our thoughts and allowing our souls to guide us, we can find solace and restoration. Trusting in our inner wisdom becomes paramount in the healing process.

**6. "Healing may not be so much about getting better as about letting go of everything that isn't you." - Rachel Naomi Remen**

Healing is not solely about physical restoration but also about embracing our authentic selves. It involves shedding layers of pain, self-doubt, and societal expectations to uncover our true essence. Letting go of everything that does not align with our authentic being is the ultimate path to wellness.

**7. "The struggle you're facing is a test to see if you're truly committed to the life you say you want." - Unknown**

Our wounds often present us with challenges that test our determination and sincerity towards the life we desire. They compel us to question our goals, values, and intentions. Embracing the struggle and persevering through it allows us to prove our commitment and emerge stronger on the other side.

**8. "Your wound is probably not your fault, but your healing is your responsibility." - Denice Frohman**

Blame and guilt may surround our wounds, but the responsibility for healing lies within us. Acknowledging that healing is a personal journey empowers us to take ownership of our emotions and well-being. By prioritizing self-care and seeking healing, we can transcend the pain and find true liberation.

## 9. "Woundedness is not an excuse to stay broken; it is a valid reason to become stronger." - Julie Parker

Our wounds should never be a reason to remain stagnant or broken. Instead, they provide an opportunity for growth and self-improvement. Embracing our woundedness enables us to harness the strength within and emerge stronger, more resilient, and ready to face life's challenges with renewed vigor.

## 10. "The wound is where the light enters you, but it's also where the light escapes from you." - Patrice Vecchione

While our wounds can be a source of enlightenment and growth, it is essential to remember that they can transform our ability to empathize and help others who are facing similar struggles. By sharing our wisdom and light gained from our own wounds, we illuminate the path for others, creating a ripple effect of healing and positivity.

Reflecting upon these profound quotes ignites a deep sense of introspection within us, inviting us to embrace our wounds under the skin consciously. They serve as a reminder that wounds are not solely marks of pain but also symbols of strength and transformation. By finding meaning in our wounds, we unlock the potential for growth, wisdom, and healing.

Remember, the next time life leaves you wounded, look within and allow the light to enter.

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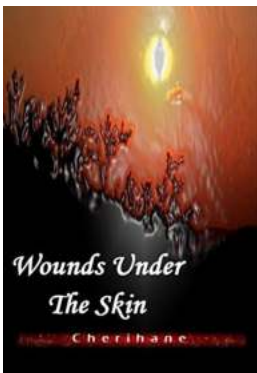
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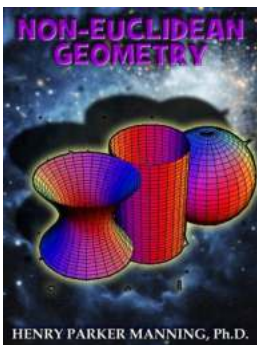


This is just the start  
With words from my heart  
So enjoy every page  
Filled with love, hope, and rage.  
While reading you will find, stories from my life and mind.  
You will also be able to relate and boost your inner Faith.



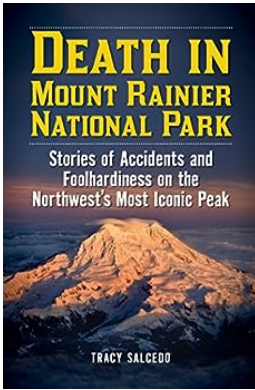
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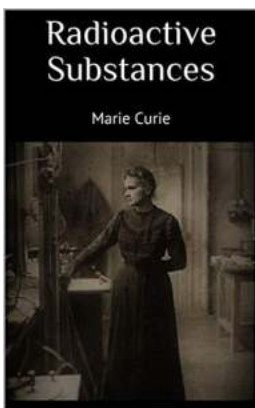
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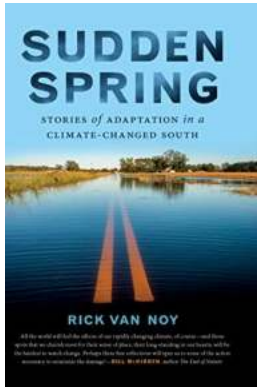
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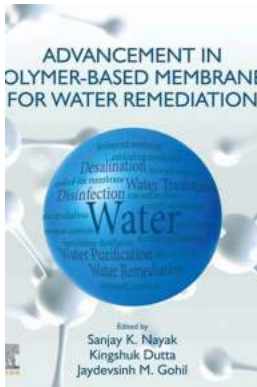
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wounds on the skin

injury under the skin

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wounds on skin not healing

sores under the skin

cuts under the skin

wound in the skin due to trauma