

From Intellect To Intuition Alice Bailey - Unlocking the Hidden Power Within

Are you seeking to unleash the full potential of your mind? Do you feel that there is a deeper level of comprehension and understanding that lies beyond ordinary intellect? In this article, we explore the transformative journey outlined by Alice Bailey, a renowned spiritual teacher, from intellect to intuition. Join us as we delve into the fascinating teachings that can help you unlock the hidden power within yourself.

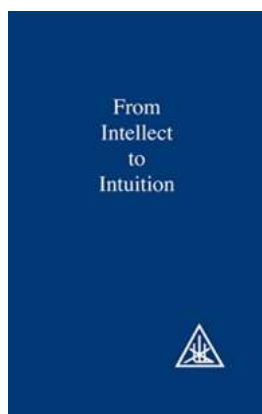
1. Understanding Intellect and Intuition

Before we embark on this enlightening journey, it is crucial to grasp the fundamental difference between intellect and intuition. Intellect refers to the rational and logical thinking that is shaped by our education, experiences, and societal conditioning. It is the analytical and structured approach to comprehending the world around us. On the other hand, intuition is an innate ability that connects us with a higher wisdom - a deeper understanding that transcends mere reasoning. It is a direct perception of truth that lies beyond the boundaries of conventional knowledge.

2. The Words of Alice Bailey

Alice Bailey, a prominent spiritual writer, emphasized the significance of transcending intellect and embracing intuition. Through her teachings, she proposed that the path to personal and spiritual growth lies in accessing the realm of intuition. Bailey believed that when we tap into our intuitive powers, we gain

access to profound insights, heightened consciousness, and a deeper purpose in life.



From Intellect to Intuition

by Alice A. Bailey (1st Edition, Kindle Edition)

★★★★☆ 4.9 out of 5

Language : English

File size : 524 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 275 pages

Lending : Enabled



3. The Three Stages

In her writings, Alice Bailey outlined three stages that individuals must navigate on their journey from intellect to intuition.

Stage 1: Recognition and Awareness

The first stage involves recognizing the limitations of intellect and becoming aware of the existence of intuitive knowledge. It is a crucial step where individuals acknowledge that there is more to be discovered beyond what the rational mind can comprehend. This recognition is the catalyst for the transformative journey.

Stage 2: Cultivating Inner Silence

Once the seed of recognition is planted, the second stage focuses on cultivating inner silence. This entails quieting the restless mind and creating a space in

which intuition can emerge. Through meditation, mindfulness, and contemplative practices, individuals can access the profound wisdom that lies within.

Stage 3: Integration and Practical Application

The final stage involves integrating intuitive insights into one's daily life. This is where the real transformation happens. By bridging the gap between intellect and intuition, individuals can unleash the hidden power within and apply their newfound wisdom to solve problems, make decisions, and live a more purposeful and fulfilling life.

4. Practical Techniques to Develop Intuition

Developing intuition is a skill that can be honed through dedicated practice. Here are some practical techniques recommended by Alice Bailey to enhance your intuitive abilities:

Meditation

Meditation is a powerful tool for quieting the mind and accessing intuitive insights. By dedicating time to sit in stillness and silence, you create an environment for intuition to arise effortlessly.

Journaling

Journaling allows you to tap into the deeper parts of your being. By writing down your thoughts, ideas, and feelings, you create a space where intuitive guidance can flow freely. This practice helps in developing a connection with your inner wisdom.

Trust Your Gut Feelings

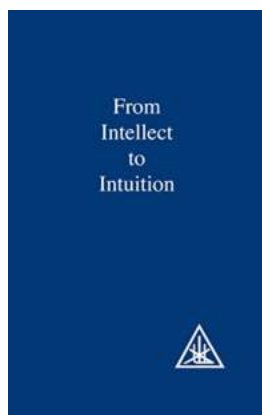
Listen to those subtle inner nudges, hunches, and gut feelings that arise spontaneously. Allow yourself to trust these intuitive messages, even if they defy

logical reasoning. Over time, as you cultivate trust in your intuition, it becomes a reliable compass in navigating life's uncertainties.

Engage in Creative Activities

Engaging in creative activities such as painting, writing, dancing, or playing an instrument can also enhance your intuitive abilities. As you immerse yourself in the creative process, you tap into a flow state where intuition naturally emerges.

As Alice Bailey eloquently outlined, our true potential lies beyond intellect - in the domain of intuition. By embarking on the journey from intellect to intuition, we unlock the hidden power within ourselves. Recognizing the limitations of the rational mind, cultivating inner silence, and integrating intuition into our daily life, we can experience profound growth, wisdom, and purpose. So, are you ready to embark on this transformative path?



From Intellect to Intuition

by Alice A. Bailey (1st Edition, Kindle Edition)

★★★★☆ 4.9 out of 5

Language : English

File size : 524 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 275 pages

Lending : Enabled



In this era of a rapid increase in human intelligence and capacity to use the mind we run the risk of over-emphasis on intellectualism. The mind is the slayer of the

real" is a well-known reflection of an inherent danger.

In this book *From Intellect to Intuition* development of the intellect, while necessary, is shown as a means to an end and one step on the way to a fully awakened and active mental body.

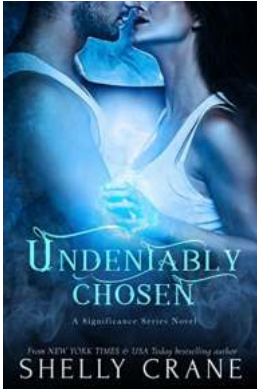
The intellect is the rationalising, analytical aspect of the mind, concerned with knowledge. It can be used as a stepping-stone to penetrate into new realms and dimensions of thought, and to touch and awaken the intuitive faculty of pure reason. Between the intellect and the intuition, however, a gap exists until it has been consciously bridged through meditation. Meditation is sometimes defined as thinking in the heart; correct meditation proceeds only when the heart and mind function together in unison. To touch the intuition, therefore, this blending of heart and mind is a necessity, since the intuitive sense is a faculty of the heart aroused by the activity of the integrated, three-fold mind.

Meditation is also the deliberate application of discipline to the mind to render it controlled, concentrated and one-pointed at will. Right use of the mind in meditation opens the consciousness to the beauty, truth and goodness of the soul, through the five stages of concentration-meditation-contemplation-illumination-inspiration. These five stages lead to union with the soul - the son of mind - and direct knowledge of divinity, creating an instrument of intelligence for the soul to use in daily life.

The experienced voice of the eastern wisdom comes to us with one word: Meditation. The question naturally arises: 'Is that all?' and the answer is: Yes. If meditation is rightly followed, and if perseverance is the keynote of the life, then increasingly soul contact is established. The results of that contact work out in self-discipline, in purification, and in the life of aspiration and of service.

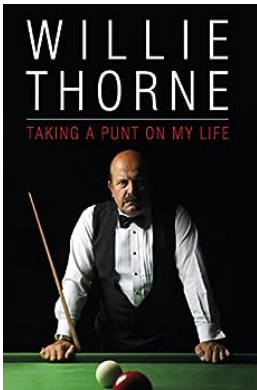
Meditation in the eastern sense is ...a strictly mental process, leading to soul

knowledge and illumination. It is a fact in nature that ,as a man thinketh (in his heart) so is he.



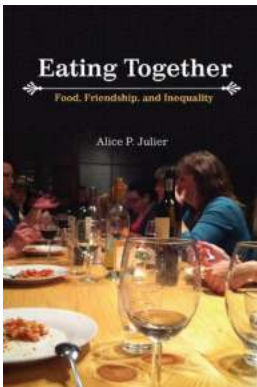
Undeniably Chosen Significance Novel Significance: The Hidden Gems of Classic Literature

The Importance of Novels in Shaping Society and Empowering Individuals Lorem ipsum dolor sit amet, consectetur adipiscing elit. Nunc auctor purus a justo feugiat, nec...



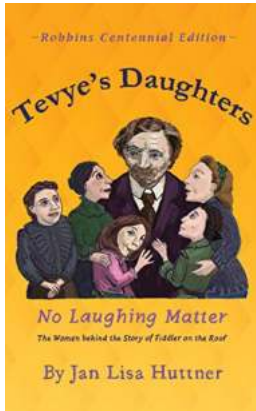
Willie Thorne Taking Punt On My Life: From Snooker Stardom to Gambling Addiction

Snooker has long been regarded as a game of precision, concentration, and strategy. One of the sport's most legendary figures, Willie Thorne, catapulted to fame during the...



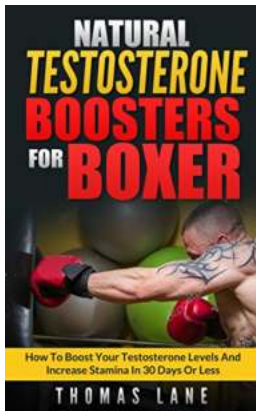
Eating Together: Food Friendship And Inequality

Eating Together: Food, Friendship, and Inequality - Why Sharing Meals Matters Food has always played a central role in our lives. It sustains us physically, provides...



The Untold Story of the Women Who Orchestrated Fiddler On The Roof's Success

When one thinks of the iconic musical "Fiddler on the Roof," it's easy to picture the male lead, Tevye, and his unforgettable performance. However, what often goes unnoticed...



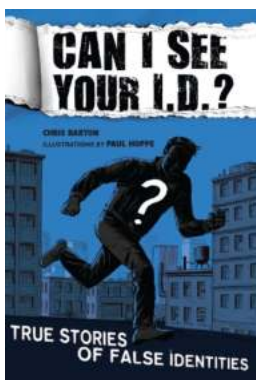
Boost Your Testosterone Levels Naturally And Skyrocket Your Stamina In Just 30 Days!

Are you struggling with low energy levels and feeling exhausted all the time? Is your workout routine not giving you the results you desire? If yes, then it's time to pay...



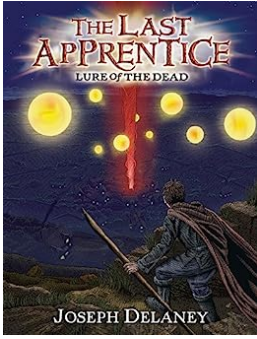
The Surprising Ways a Man Can Transform His Relationships - Insights from Alice Julier

In the complex world of relationships, it is often said that understanding is key. When it comes to men and their interactions with others, this understanding becomes even...



Discover the Shocking True Stories of False Identities Revealed!

The Hidden World of Impersonators, Undercover Agents, and Unknown Secrets Have you ever...



The Last Apprentice Lure Of The Dead 10: Unveiling the Bone-Chilling Secrets of This Spellbinding Fantasy Series

Are you a fan of dark fantasy, gripping tales, and spine-tingling adventures? If so, then "The Last Apprentice Lure Of The Dead 10" is a book you can't afford to miss. In...

[from intellect to intuition](#)

[from intellect to intuition pdf](#)

[alice bailey from intellect to intuition](#)