One Man And His Rod Tenkara Fishing In Dorset - The Ultimate Guide To Catching Trout In the Beautiful Rivers of Dorset

About Tenkara Fishing

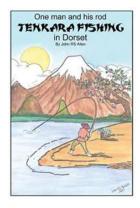
Tenkara fishing is a traditional Japanese method of fly fishing that has gained popularity all around the world in recent years. It is a simple and minimalist style of fishing that focuses on technique and strategy rather than relying on fancy equipment. One man and his rod, alone in nature, can catch trout and have an unforgettable experience. In this article, we will explore Tenkara fishing in the picturesque county of Dorset, known for its stunning rivers and abundant trout.

The Land of Rivers - Dorset

Dorset, located in the beautiful southwest of England, is a paradise for anglers. With its rolling hills, quaint villages, and crystal-clear rivers, it offers a serene and stunning backdrop for fishing enthusiasts. The county is blessed with numerous rivers, including the Frome, the Piddle, the Stour, and the Brit, all of which are teeming with brown and rainbow trout. These rivers are known for their clean and unpolluted waters, making them ideal habitats for trout to thrive.

Tenkara Fishing - A Brief

Tenkara fishing is a unique form of fly fishing that originated in Japan centuries ago. It involves using a long and flexible rod, usually made of carbon or bamboo, with a fixed length line. Unlike traditional fly fishing, there is no reel in Tenkara fishing. Instead, the line is directly attached to the tip of the rod. This simplicity is what makes Tenkara fishing so appealing to anglers.



One man and his rod - Tenkara Fishing in Dorset

by Amy Plum (Kindle Edition)

★★★★ 4.4 out of 5

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: 101 pages

The technique of Tenkara fishing is also different from traditional fly fishing. The angler uses a fixed line and relies on precise casting and presentation skills to entice the trout. The lack of a reel means that the angler must use their body and arm movements to create the necessary tension and control over the line. It is a skillful and meditative form of fishing that allows one to fully immerse in the experience.

Choosing the Right Equipment

When embarking on a Tenkara fishing adventure in Dorset, it is important to choose the right equipment. Firstly, select a rod that suits your needs and preferences. Tenkara rods come in various lengths, typically ranging from 9 to 14 feet. Longer rods are beneficial when fishing in wider rivers, while shorter rods provide better maneuverability in smaller streams.

Next, consider the type of line you want to use. Traditional furled lines made from horsehair are popular among purists, but modern synthetic lines offer greater

durability and ease of use. Fluorocarbon tippet material is commonly used for its invisibility in the water and excellent knot strength.

Lastly, don't forget the flies! In Dorset, trout are known to be particularly fond of terrestrial insects such as beetles, ants, and grasshoppers. Pack a variety of dry flies and nymphs to match the prevailing hatch and mimic the local insects.

Where to Fish in Dorset

Dorset offers a diverse range of fishing spots that cater to all skill levels. The River Frome is a popular choice, with its challenging and fast-flowing stretches providing an exciting fishing experience. For beginners or those wanting a more relaxed day out, the lower stretches of the Frome and the River Piddle are ideal, offering slower currents and deeper pools.

The River Stour, which runs through the scenic Dorset countryside, is another great option for Tenkara fishing. It offers a mix of shallow and deeper sections, with plenty of trout waiting to be caught.

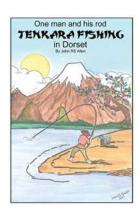
Tips for Successful Tenkara Fishing

While Tenkara fishing may seem simple, there are a few tips that can greatly improve your chances of success:

- 1. Stealth is key: Approach the river carefully, avoiding any sudden movements or disturbances that could scare away trout.
- 2. Perfect your casting technique: Practice your casting skills to ensure accurate and delicate presentations, as well as the ability to cast the line without causing excessive splash.

- 3. Learn to read the water: Observe the river and look for areas with cover, such as rocks or overhanging vegetation, where trout are likely to hide. These are the prime spots for casting.
- 4. Match the hatch: Pay attention to the insects present on the water and select flies that closely resemble them. This will increase your chances of enticing trout to bite.
- 5. Enjoy the journey: Remember that Tenkara fishing is not just about catching fish; it is about immersing yourself in nature and enjoying the therapeutic qualities of the sport. Take time to appreciate the surroundings and the peacefulness of the experience.

One man and his rod, Tenkara fishing in Dorset, is an experience like no other. The combination of this elegant and traditional fishing method with the beautiful rivers and abundant trout of Dorset creates a truly remarkable adventure. With the right equipment, technique, and a touch of patience, you can embark on an unforgettable fishing journey in the land of rivers. So, pack your Tenkara rod, head to Dorset, and get ready to create lifelong memories on the banks of its stunning waterways.



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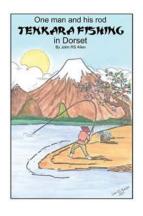


In this book John covers the history, the basic technique and a 'How To. section on making Tenkara flies, and making your own furled lines.

Tenkara fishing can be seen as a streamlined counterpart to western fly-fishing. The equipment is designed to focus on the actual fishing and catching them, not the major preoccupation with the equipment. The equipment is designed to direct focus to the actual fishing and catching of the fish. A rod, Tenkara line and fly are necessary for Tenkara fishing (no reel is used).

The appeal of Tenkara is its elegant simplicity. There are also other advantages of using the long Tenkara rods when fishing in mountain streams, primarily the lightness of the line and delicate presentation. A long rod allows for precise placement of the fly on small pools and allows for holding the fly in place on the other side of a current. The other main advantage of using the long Tenkara rod is precise control for manipulation of the fly.

This is one mans story, from first learning the art of Tenkara in Japan to using the technique fishing around the world. This book also has a detailed section on his experiences fishing Tenkara around his local waters of Dorset, UK.



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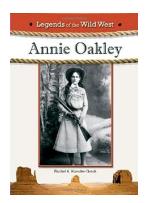
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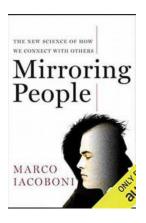
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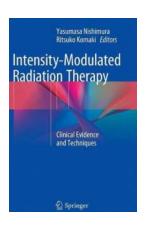
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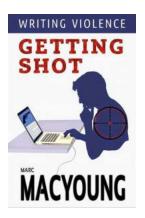
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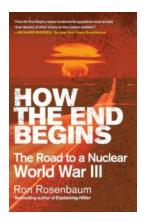
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