

# The Inspirational Journey of Justin James Watt - From High School Star to NFL Superstar

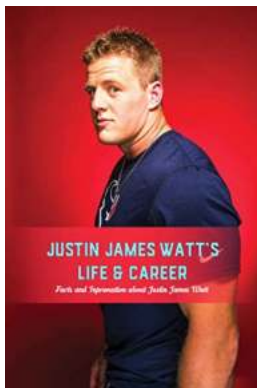


Justin James Watt, known by his fans as J.J. Watt, is one of the most dominant defensive players in the history of the National Football League (NFL). This article

takes you through the remarkable life and career of this exceptional athlete. From his early days in high school to his rise as an NFL superstar, Watt's journey is nothing short of inspiring.

## Early Life and High School Days

Born on March 22, 1989, in Waukesha, Wisconsin, Justin Watt discovered his passion for football at a young age. He was a natural athlete and excelled in multiple sports during his high school years.



### Justin James Watt's Life & Career: Facts and Information about Justin James Watt: Justin

**James Watt** by Baby Professor (Kindle Edition)

★★★★☆ 4.7 out of 5

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Enhanced typesetting : Enabled  
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Watt attended Pewaukee High School, where he played tight end and defensive end for the football team. His outstanding performances caught the attention of college recruiters across the country.

During his senior year of high school, Watt earned a scholarship to play college football at Central Michigan University. However, a last-minute change led him to reconsider his options.

## **College Football - A Turning Point**

Justin Watt decided to transfer to the University of Wisconsin-Madison, where he joined the Wisconsin Badgers football team in 2008. This decision proved to be a turning point in his career.

As a redshirt sophomore, Watt showcased his exceptional abilities on the field and quickly became one of the most feared defenders in college football.

Standing at 6 feet 5 inches and weighing 295 pounds, he possessed a rare combination of size, strength, and agility.

Watt's dominance on the Wisconsin defense earned him numerous accolades, including the 2010 Ronnie Lott Trophy, which is awarded to the college football player who best exemplifies integrity and excellence in the defensive field.

## **The NFL Draft and Professional Career**

In 2011, Justin James Watt declared for the NFL Draft after his junior year of college. His impressive performances in college had NFL scouts buzzing with excitement.

The Houston Texans selected Watt as the 11th overall pick in the first round of the 2011 NFL Draft. This marked the beginning of his remarkable professional career.

Watt wasted no time making an impact in the NFL. In his rookie season, he recorded 56 solo tackles, 5.5 sacks, and a remarkable 4 forced fumbles. His relentless pursuit of quarterbacks and exceptional defensive skills quickly earned him recognition as one of the league's top defensive players.

Throughout his career, Watt has faced several major setbacks, including multiple injuries and surgeries. However, his determination and work ethic have allowed him to overcome these challenges time and time again.

## **Off the Field - Philanthropy and Impact**

Justin James Watt is not only known for his exceptional skills on the football field but also for his incredible philanthropic efforts. In 2010, he founded the Justin J. Watt Foundation, which provides support to schools and organizations to help them fulfill their after-school athletic programs.

Watt's charitable initiatives gained national attention in 2017 when he led a crowdfunding campaign that raised over \$37 million to support the victims of Hurricane Harvey in Houston, Texas. His unwavering dedication to the community showcases his character both on and off the field.

## **Achievements and Legacy**

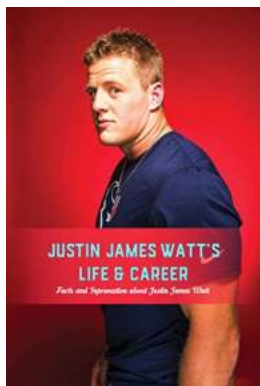
Justin James Watt's career achievements speak volumes about his talent and determination. He is a five-time AP NFL Defensive Player of the Year, a four-time Pro Bowl selection, and a three-time NFL sack leader.

His exceptional performance and impact on the game have solidified his place among the all-time defensive greats. Watt's passion, work ethic, and commitment to excellence serve as an inspiration to aspiring athletes around the world.

From his humble beginnings in high school to his status as an NFL superstar, Justin James Watt's journey is a testament to the power of hard work, perseverance, and a relentless pursuit of excellence.

Not only has he left an indelible mark on the football field, but he has also touched countless lives through his philanthropic efforts. Watt's story is proof that with passion and dedication, anyone can overcome the odds and achieve greatness.

As we continue to witness Watt's incredible career, it is clear that his impact extends beyond the game of football. He is a role model, a philanthropist, and a symbol of inspiration for generations to come.



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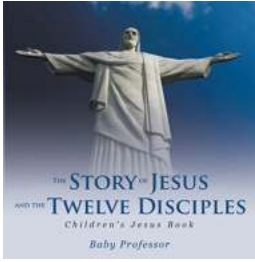
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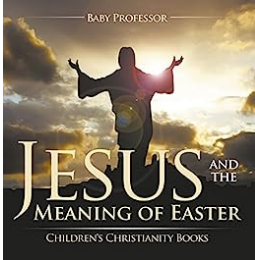
Justin James Watt (born March 22, 1989) is an American football defensive end for the Arizona Cardinals of the National Football League (NFL). He played college football at the University of Wisconsin, and was drafted by the Houston Texans in the first round of the 2011 NFL Draft.

Watt received the AP NFL Defensive Player of the Year Award three times in his first five seasons. Although primarily a defensive end, he occasionally shifts to defensive tackle in some situations. He has also taken snaps on offense, catching three touchdown passes during the 2014 season. In 2014, Watt became the first player in NFL history to record two 20+ sack seasons in a career. He holds the Texans' franchise records for both sacks and forced fumbles. In 2017, Sports Illustrated named Watt its Sportsperson of the Year.



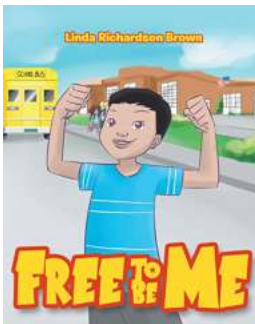
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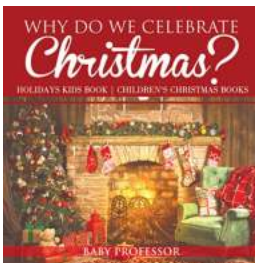
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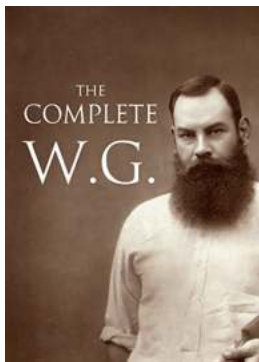
## Discover the Magical Reasons Behind Why We Celebrate Christmas Holidays with Kids and Children

Christmas is a joyous time of year that is celebrated by millions around the world. It is a time filled with love, laughter, and warm feelings, especially for kids and...

 December  
Holidays From  
Around The  
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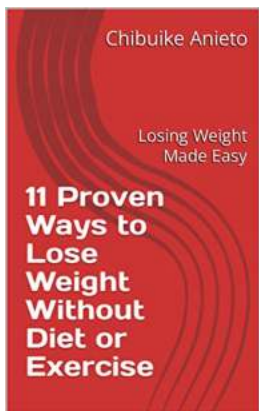
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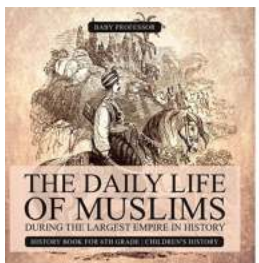
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