

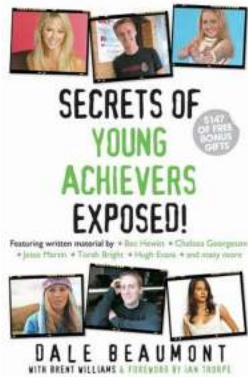
# The Secrets Of Young Achievers Exposed: Discover the Hidden Secrets That Led These Young individuals to Extraordinary Success!

Everyone wants to know the secret to success, especially when it comes to young achievers. How do they manage to accomplish so much at such a young age? What sets them apart from the rest? In this article, we will unravel the mysteries behind the exceptional achievements of young individuals who have defied the odds and reached extraordinary success. Get ready to be inspired and discover the secrets that can help you unlock your own hidden potential!

## 1. Passion and Purpose

The first secret to young achievement lies in their unwavering passion and sense of purpose. These individuals have a burning desire to make a difference in the world and are deeply committed to their goals. They don't settle for mediocrity but strive for excellence in everything they do. Their passion fuels their drive, allowing them to pursue their dreams relentlessly.





## Secrets of Young Achievers Exposed! (Secrets Exposed Series Book 1)

by Anjana Prabhu-Paseband (Kindle Edition)

★★★★★ 5 out of 5

Language	: English
File size	: 5274 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 255 pages
Lending	: Enabled



## 2. Goal Setting and Planning

Young achievers understand the importance of setting clear goals and creating a roadmap to achieve them. They develop a strategic plan that outlines their short-term and long-term objectives. This helps them stay focused and motivated, even when faced with obstacles. They break down their goals into smaller, manageable tasks and track their progress regularly to ensure they are on the right track.

# Goal Planning

## WORKSHEET FOR GOAL ACHIEVERS

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ACHIEVE YOUR CAREER  
& LIFE GOALS



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### 3. Continuous Learning and Improvement

Learning is a lifelong journey, and young achievers recognize this fact. They are constantly seeking new knowledge and skills to enhance their abilities. They read books, attend seminars, take online courses, and surround themselves with mentors who can guide them. They understand that growth and success go hand in hand and are committed to self-improvement.



# SECRETS OF YOUNG ACHIEVERS EXPOSED!

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Featuring written material by ★ Bec Hewitt ★ Chelsea Georgeson  
★ Jesse Martin ★ Torah Bright ★ Hugh Evans ★ and many more



**DALE BEAUMONT**  
WITH BRENT WILLIAMS & FOREWORD BY IAN THORPE

## 4. Embracing Failure and Resilience

Failure is not seen as an obstacle but as an opportunity to learn and grow. Young achievers are not afraid to take risks and step outside their comfort zones. They understand that failure is a stepping stone to success. When faced with setbacks, they bounce back stronger, learning from their mistakes and using them as fuel to propel themselves forward.

# 7 TECHNIQUES FOR RESILIENCE



1

## PERSPECTIVE



Is anyone going to die?

2

## TAKE A BREAK



Walk around the block, get a coffee, read a book,

3

## ACCEPTANCE



Yes that thing really did just happen.

4

## REFLECT



What went well, what you'll do differently.

5

## REFRAME



Turn that negative into a positive.

6

## OPTIMISM



Use affirmations and visualisations.

7

## REACH OUT



Family, friends, professionals. Help yourself by helping others.

## 5. Time Management and Discipline

Time is a limited resource, and young achievers value it immensely. They have excellent time management skills and prioritize their tasks effectively. They understand that success requires discipline and focus, and they are willing to make sacrifices to achieve their goals. They minimize distractions and stay committed to their schedules, ensuring maximum productivity.

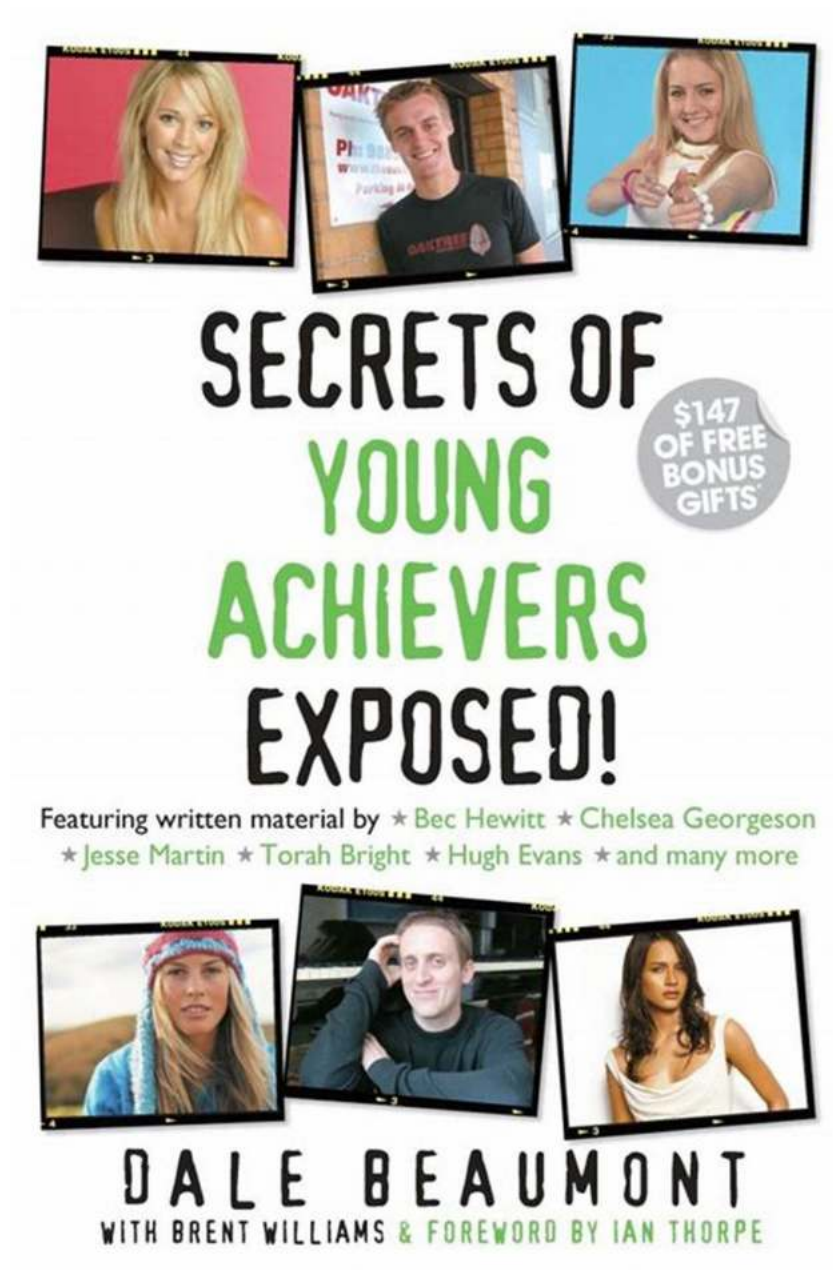




## 6. Networking and Collaboration

Young achievers understand the power of connections. They actively seek opportunities to network and build meaningful relationships with like-minded individuals. They surround themselves with a strong support system that uplifts and inspires them. Collaboration is key, and they leverage the strengths of others

to achieve mutual success. They know that by working together, they can accomplish far more than by going solo.



## 7. Positive Mindset and Visualization

The mind is a powerful tool, and young achievers utilize it to their advantage. They have a positive mindset and believe in their capabilities. They visualize their success, setting clear mental images of what they want to achieve. This helps

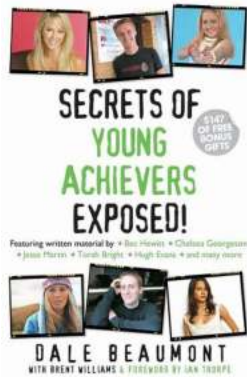
them stay motivated and focused, as they constantly remind themselves of their ultimate goals.



Young achievers are not extraordinary beings; they simply possess a unique set of habits and attitudes that contribute to their exceptional achievements. By understanding and implementing these secrets into our own lives, we too can unlock our hidden potential and reach extraordinary levels of success. Embrace passion and purpose, set clear goals, commit to continuous learning, embrace



failure, manage your time effectively, network with others, and maintain a positive mindset. Don't wait, start your journey towards extraordinary success today!



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"This book takes you up-close and personal with twelve extraordinary young people that have already reached heights others can only dream about. Now, for the first time you can discover their remarkable stories and why age is never a barrier to success!"

IN THIS BOOK YOU WILL DISCOVER...

- What it takes to become a real success
- What you want to do with your life
- How to get motivated and stay motivated
- How to overcome criticism and discouragement
- What all super achievers have in common
- How to reach the top of any career fast
- The process to turning your dream into reality

## FEATURING WRITTEN MATERIAL BY...

### BEC HEWITT (Celebrity Actress)

One of Australia's most-loved personalities, Bec Hewitt won the TV Week Silver Logie for Most popular Actress for her work on television show, Home and Away. In addition to her television success, she has also released a self-titled album.

### JESSE MARTIN (Young Adventurer)

At the age of 18, Jessie Martin became the youngest person to ever sail non-stop, solo and unassisted around the world in a journey that took almost eleven months to complete.

### CHELSEA GEORGESON (World #1 Surfer)

World Surfing Champion, Chelsea Georgeson, was first noticed at the age of 14 and was immediately signed by prominent women's surfing team, Roxy. After scoring a perfect ten-point wave in 2005, Chelsea fulfilled your childhood dreams of becoming World Champion.

### JEREMY LIM (Singaporean Ambassador)

Young Ambassador of the Children's Medical Fund and freelance writer, Jeremy Lim, is a 16-year-old boy who has 'Brittle-bones' Disease. His numerous achievements and positive attitude despite his daily challenges has attracted media attention all over the world.

### AMY WILKINS (TV Presenter & Fitness Coach)

In pursuing her passion of sport, Amy Wilkins developed a children's fitness program while studying at university. Her program evolved into Active Kidz, an international television program that screens in Australia, New Zealand and on the Disney Channel in Asia.

#### BEN KORBEL (International DJ)

Having started with a belt drive turntable and cassette deck at 16, Ben Korbel, has established himself as one of Australia's most popular DJs. He co-founded an events company and now promotes the country's best dance parties and festivals.

#### HUGH EVANS (Community & Aid Worker)

Founder of The Oaktree Foundation, an entirely youth-run international aid and development organisation, Hugh Evans has helped mobilised more than 3,000 young volunteers and supporters across the world.

#### ILONA NOVACEK (International Model)

At the age of twelve, Ilona Navacek was discovered by a model agency. Three years later and Ilona now graces the pages of Vogue, Harpers Bazaar and Marie Claire and works for some the world's most glamorous labels.

#### STEPHANIE WILLIAMS (Ballet Dancer)

After watching a live performance of the Australian Ballet Company at the age of 11, Stephanie Williams realised her deep passion for dance. She has since competed overseas and now studies at the Australian Ballet School.

#### TIM GOODWIN (Aboriginal Activist)

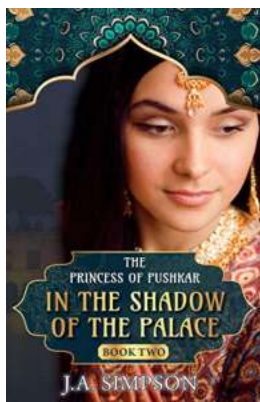
After receiving an audience with the Dalai Lama, Tim Goodwin was inspired to work for the betterment of Australian children. He is a member of the National Indigenous Youth Movement of Australia.

#### SIMON TEDESCHI (Concert Pianist)

Classical pianist, Simon Tedeschi, started playing the piano at the age of five. He has played with some of the world's greatest performers all over the world and has signed a recording deal with Sony Music.

TORAH BRIGHT (Pro Snowboarder)

One of world's leading female snowboarders, Torah Bright overcame a shoulder injury to finish fifth in the women's half-pipe competition at the Winter Olympic Games.



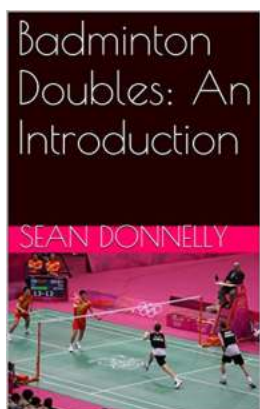
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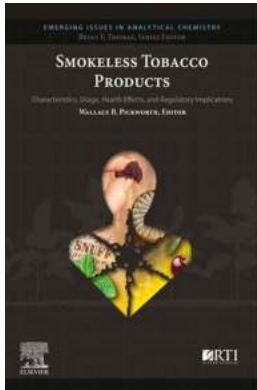
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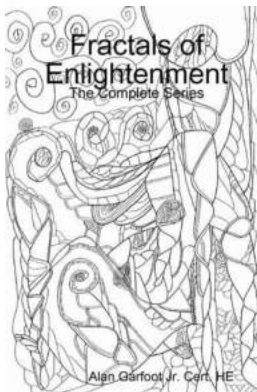
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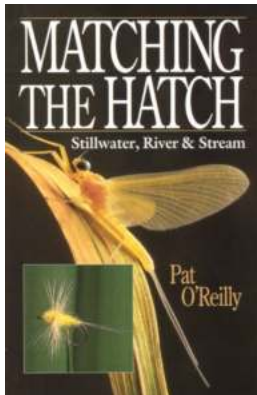
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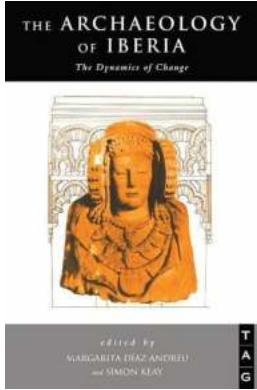
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