# The Ultimate Guide to Kendo World Magazine Volume: Unlock the Secrets of the Samurai

Kendo, often referred to as the "Way of the Sword," is a traditional Japanese martial art that focuses on sword-fighting techniques using bamboo swords and protective armor. It originated from kenjutsu, the ancient art of samurai swordsmanship. Kendo practitioners aim to develop themselves both physically and spiritually through rigorous training and discipline.

Kendo World, a highly respected magazine dedicated to the art and culture of kendo, provides enthusiasts with valuable insights, articles, and interviews. In this ultimate guide, we delve into Kendo World Magazine Volume and explore its contents, features, and the impact it has on the kendo community.

## The Origin and Significance of Kendo

Kendo, with its roots dating back to ancient Japanese swordsmanship, has deep historical and cultural significance. Originally developed as a means of training for samurai warriors, it gradually evolved into a popular martial art enjoyed by people of all ages and backgrounds today.



### Kendo World 6.4 (Kendo World Magazine Volume 6

**Book 4)** by Alexander Bennett (Kindle Edition)

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Practicing kendo requires not only physical strength but also mental focus and discipline. The art emphasizes respect for oneself and one's opponent, as well as the cultivation of virtues such as perseverance, honor, and integrity. Through the rigorous training, kendo practitioners strive to achieve self-improvement and personal growth.

### What is Kendo World Magazine Volume?

Kendo World Magazine Volume is a comprehensive publication that delves deep into the world of kendo. It offers a diverse range of articles, interviews, and insights from renowned kendo practitioners, instructors, and experts. Whether you are a beginner or an experienced practitioner, the magazine covers a broad spectrum of topics, making it a valuable resource for all levels of expertise.

The magazine covers various aspects of kendo, including technique tutorials, historical features, philosophical discussions, and coverage of major tournaments and events. Each volume provides a wealth of information and inspiration, catering to the interests and needs of kendo enthusiasts worldwide.

## Features of Kendo World Magazine Volume

Kendo World Magazine Volume stands out for its compelling features that captivate readers and offer a comprehensive understanding of kendo:

## 1. Technique Tutorials:

The magazine provides step-by-step tutorials on various kendo techniques, allowing readers to deepen their understanding and improve their skills. From

fundamental strikes to advanced maneuvers, these tutorials are designed to cater to practitioners of all levels.

### 2. Interviews with Kendo Masters:

Kendo World Magazine Volume offers exclusive interviews with world-renowned kendo masters, providing readers with insights into their training methods, experiences, and perspectives. These interviews offer valuable lessons and inspiration for all kendo enthusiasts.

### 3. Historical and Cultural Features:

The magazine explores the rich history and cultural significance of kendo. Through in-depth articles, readers gain a profound understanding of the evolution of kendo as an art form and its place in Japanese society and beyond.

### 4. Tournament Coverage and Analysis:

Kendo World Magazine Volume offers comprehensive coverage and analysis of major kendo tournaments and events. Readers get an inside look at the performances, strategies, and experiences of top kendo athletes from around the world.

### 5. Community Spotlight:

The magazine celebrates the kendo community by featuring stories of dedicated practitioners, instructors, and schools. These profiles shed light on the diverse and passionate individuals who contribute to the growth and development of kendo worldwide.

### How Kendo World Magazine Volume Impacts the Kendo Community

Kendo World Magazine Volume plays a vital role in the kendo community for several reasons:

### 1. Knowledge and Education:

The magazine serves as a valuable educational resource for kendo practitioners, instructors, and enthusiasts. It provides in-depth knowledge, tips, and advice that contribute to the development of their skills.

### 2. Inspiration and Motivation:

Through its comprehensive features and interviews with kendo masters, Kendo World Magazine Volume inspires and motivates readers to continue their journey in kendo. It showcases the achievements and stories of renowned practitioners, instilling a sense of determination and passion.

## 3. Shared Experiences and Perspectives:

The magazine fosters a sense of community by sharing experiences, perspectives, and stories from kendo practitioners worldwide. It connects individuals with a shared passion, bridging geographical gaps and encouraging meaningful interactions and collaborations.

## 4. Promotion of Kendo Culture:

Kendo World Magazine Volume promotes the rich culture and traditions associated with kendo. Through its historical features and cultural insights, it raises awareness and appreciation for the art form, contributing to its preservation and growth.

Kendo World Magazine Volume is an invaluable resource for anyone interested in the world of kendo. With its diverse array of features, tutorials, interviews, and insights, the magazine continues to make a significant impact on the kendo community worldwide. Whether you are a seasoned practitioner or a beginner taking your first steps into the art of kendo, the magazine provides a wealth of knowledge and inspiration to fuel your passion and enrich your journey.



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Content in this issue:

#### Editorial

By Michael Ishimatsu-Prime

In the editorial, Michael Ishimatsu-Prime reflects on visiting the 109th Kyoto Embu Taikai in May and discusses some of the highlights, most notably the participation of the last two Hanshi 7-dan sensei who are 99 and 90 years old, and also the bout between Sakudō Masao-sensei and Hamasaki Mitsuru-sensei which was the epitome of "katte-utsu" - "win and then strike". The upcoming Sport Accord Combat Games that will be held in St. Petersburg, Russia, is also discussed along with Olympic kendo.

#### Kiwada Daisuke Interview

#### By Blake Bennett

KENDO WORLD EXCLUSIVE!! Staff writer Blake Bennett visited the Osaka Police training centre to interview the current All Japan Champion, Kiwada Daisuke. Kiwada discusses his motivations, difficulties and aims in kendo.

#### Hanshi Says

Hanshi Says is a popular series in which Japan's top Hanshi teachers give hints of what they are looking for in grading examinations based on wisdom accumulated through decades of training. This issue features Aoki Hikoto-sensei from Oita prefecture who passed the 8-dan examination in 1987, and was awarded the title of Hanshi in 1995. He talks about the importance of cultivating one's overall capacity and using seme effectively.

Nuts 'n' Bolts of Kendo: Effective Training Methods – Kirikaeshi

By Nakano Yasoji (Hanshi 9-dan)

In this article, Nakano-sensei discusses the importance of kirikaeshi and points to consider for both the kakarite and motodachi.

sWords of Wisdom: "Remember, then forget"

By Alex Bennett

Hōzōin In'ei was a Buddhist monk at the Kōfuku-ji temple in Nara who founded a prominent school of sōjutsu (spearmanship) known as the Hōzōin-ryū. This article discusses In'ei's encounter with another renowned warrior of the Warring States period called Kani Saizō, and a valuable lesson that he taught him.

Reidan Jichi: Kihon Dōsa - Part 4

By Ōya Minoru (Kendo Kyōshi 7-dan)

Kihon-dōsa, or basic movements, refers to kamae, footwork and manipulation of the shinai. In other words, it entails all of the principles behind the striking and thrusting movements for scoring yūkō-datosu (valid attacks) in kendo. This article examines striking basics and the theory behind striking motion.

Unlocking Japan Part 24: Gaijin Style By Lockie Jackson Lockie Jackson's column continues as he ruminates on the image of foreign men in Japan.

The 43rd Kanagawa-ken Yonsha Taikō Kendo Taikai

By Michael Ishimatsu-Prime

On Sunday February 17, 2013, Michael Ishimatsu-Prime visited the Kangawa Prefectural Budokan in Yokohama to report on the 43rd Kanagawa-ken Yonsha Taikō Kendo Taikai (The 43rd Kanagawa Prefecture Four Team Kendo Competition). This exciting competition pits 15-member teams of the prefecture's strongest police, teachers, company workers and students against each other in a league.

The Kendo Coach: Sports Psychology in Kendo: Part 9 — Aggression in Kendo - part 4

#### By Blake Bennett

Blake Bennett's continuing series of articles on aggression in kendo uncover the factors as to why the kendo student is willing to undergo and tolerate ongoing harsh training methods. Following on from part 3 of this series, this article will examine the issues of kitae and shitsuke (discipline) in the dojo, in addition to discussing group identity, the use of joge-kankei, and the idea of koken-chiai in an attempt to show how the objective of polishing the mind in kendo is facilitated. Overall, the various aspects of kendo that generate a motivation in the student to willingly undergo and tolerate ongoing harsh training methods will be examined.

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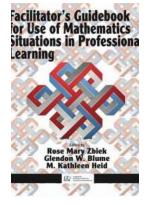
## The Fascinating Journey of Kendo World Magazine Volume: Unveiling the Hidden Gems of Kendo!

If you are a passionate follower of the Japanese martial art, Kendo, then you must have come across the prestigious publication named Kendo World Magazine. In...



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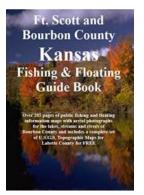
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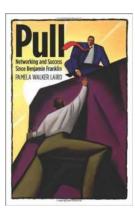
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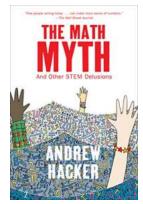
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