

# The Ultimate List of 50 Most Popular Combat Sports That Will Blow Your Mind!

Combat sports have gained immense popularity over the years, captivating both athletes and spectators with their intense action, skill, and excitement. From the ancient arts to modern-day sports, here is a comprehensive list of the 50 most popular combat sports that you need to know!

## 1. Boxing



Boxing is an iconic sport known for its fierce punches and strategic movements. It has a rich history dating back to ancient Greece and is widely recognized as one of the most popular combat sports globally.

50 Most Popular  
Combat Sports



**Focus On**  
by Wikipedia contributors

## Focus On: 50 Most Popular Combat Sports: Combat Sport, Muay Thai, Boxing, Mixed martial Arts, Judo, Sumo, Fencing, Kickboxing, Kyokushin, Greco-Roman Wrestling, etc.

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Language : English

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Text-to-Speech : Enabled

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## 2. Mixed Martial Arts (MMA)



MMA combines various martial arts disciplines, including Brazilian Jiu-Jitsu, Muay Thai, Boxing, and Wrestling. Its explosive growth in recent years has made it a favorite among combat sports enthusiasts worldwide.

### **3. Kickboxing**



Kickboxing is a stand-up combat sport that allows both punching and kicking techniques. Its fast-paced action and powerful strikes make it a popular choice for those seeking an adrenaline rush.

These 50 combat sports offer a vast array of styles and techniques, each with its unique appeal. Whether you prefer the elegance of fencing or the raw intensity of MMA, there is undoubtedly a combat sport that caters to your taste.

Which combat sport from our list is your favorite? Let us know in the comments below!



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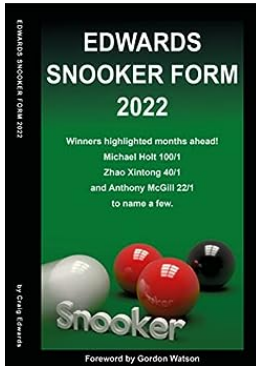
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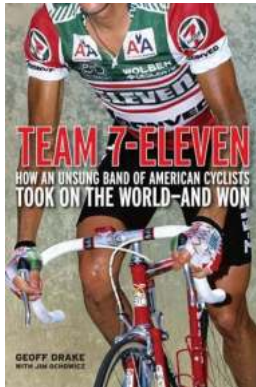


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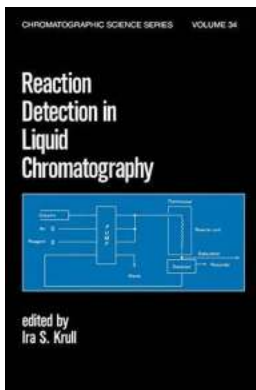
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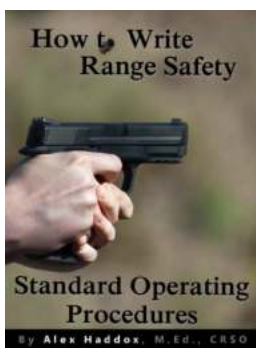
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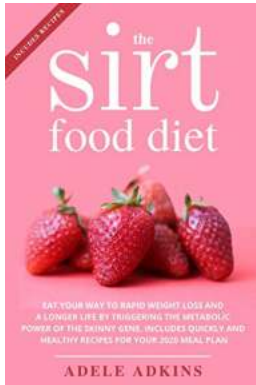
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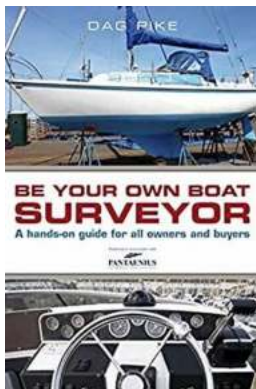
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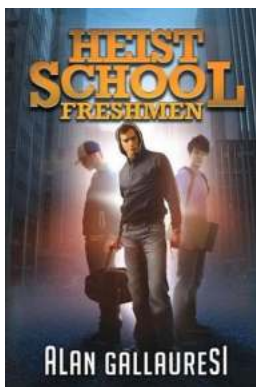
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