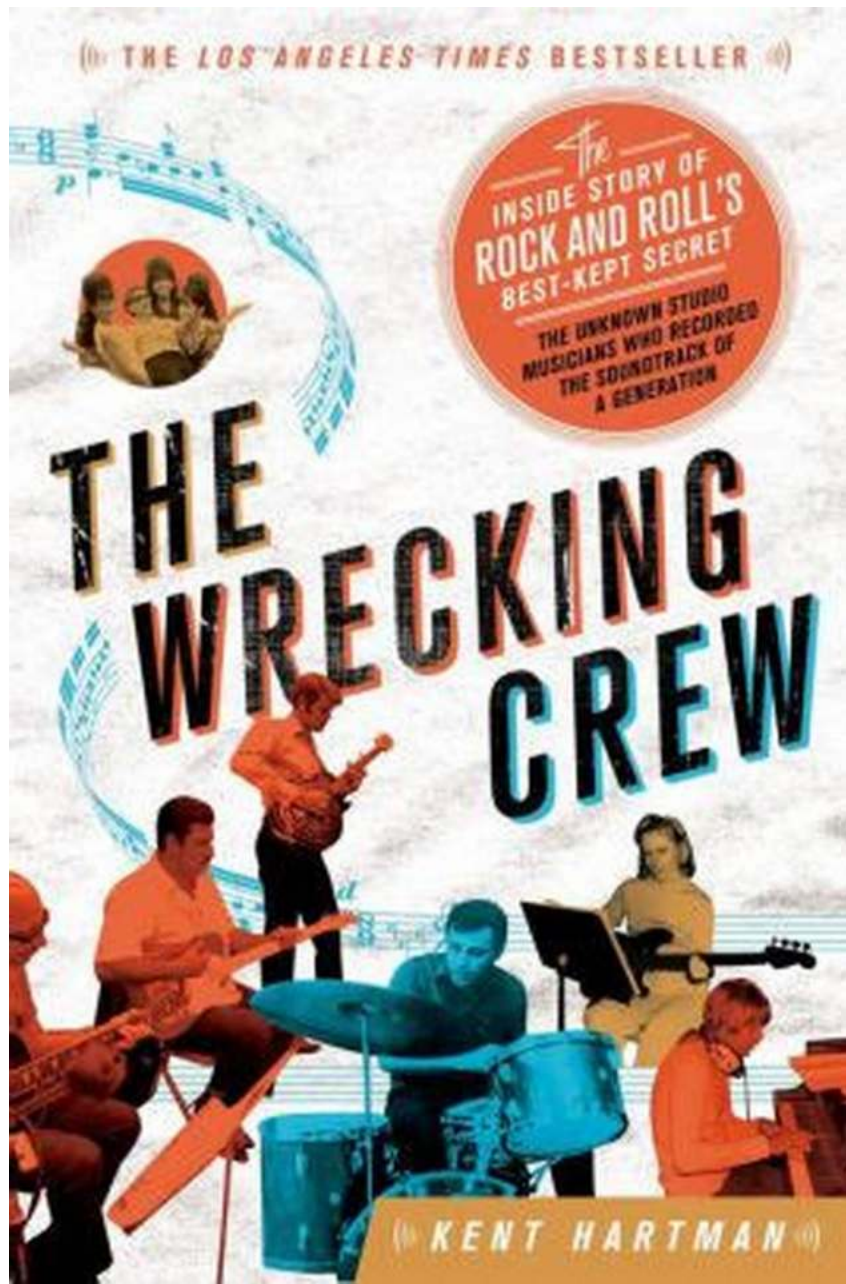


# The Untold Journey: Revealing the Inside Story of Rock and Roll's Best Kept Secret

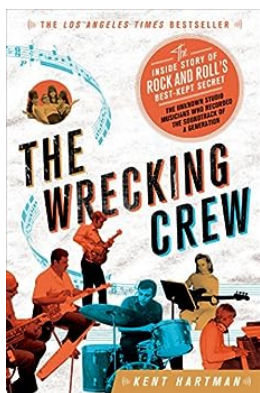


Rock and Roll. The genre that has captured the hearts of millions, revolutionized the music industry, and defined cultural movements. From iconic artists like Elvis

Presley and The Beatles to modern legends like Mick Jagger and Freddie Mercury, these rock gods have reigned supreme on stage. However, amidst the fame, anthems, and sold-out shows, there remains a hidden side of rock and roll, an inside story that few have been privy to.

## Unmasking the Secret

Over the years, the music industry has thrived on creating an image of rock stars as rebels, living life on the edge, breaking society's norms. The media has fed us stories of excess, scandal, and wild behavior. Yet, behind closed doors, away from the spotlight, there exists a different reality – a best-kept secret known only to those who have walked the treacherous path of rock and roll fame.



## The Wrecking Crew: The Inside Story of Rock and Roll's Best-Kept Secret by Kent Hartman (Kindle Edition)

★ ★ ★ ★ ☆	4.6 out of 5
Language	: English
File size	: 3640 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 305 pages



## The Human Side

Contrary to popular belief, rock stars are not invincible demigods, immune to the challenges of life. In fact, they face an intense struggle to maintain their sanity, health, and personal relationships amidst the chaos of fame. Substance abuse,

mental health issues, and the pressure to continuously innovate take their toll on even the most legendary musicians.

## **The Dark Abyss**

As the spotlight shines brightly, casting long shadows, many rock stars find themselves grappling with addiction. From alcohol to drugs, these vices become their coping mechanisms, their solace in a world that expects them to constantly perform and deliver. The allure of escaping reality temporarily takes hold, leading to a downward spiral that can be difficult to escape.

## **The Grueling Pressure**

Beyond addiction, the pressure to constantly create groundbreaking music weighs heavily on rock stars. The demands of fame can be suffocating, forcing artists to constantly reinvent themselves to remain relevant. Burnout becomes a palpable threat as they struggle to balance artistic integrity with commercial success.

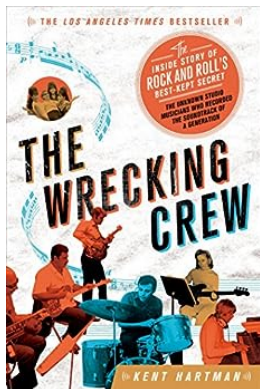
## **Behind Closed Doors**

Behind the glitz and glamour lies a world of shattered relationships. Rock stars often face challenges in maintaining stable personal lives while touring extensively and juggling the expectations of fans and the music industry. The toll this takes on their families, partners, and children is rarely acknowledged, perpetuating the cycle of secrecy surrounding their struggles.

## **The Road to Redemption**

Amidst the darkness, there are stories of triumph and redemption. Some rock stars find the strength to confront their demons, seeking treatment for addiction and opening up about mental health struggles. By sharing their vulnerabilities, they not only begin to heal but also inspire millions facing similar battles.

The inside story of rock and roll's best-kept secret reveals the human side of these larger-than-life figures. It reminds us that behind the glitz and the fame, these individuals face personal challenges and battles that shape who they are. By acknowledging their struggles, we can appreciate the music even more, understanding the depth and vulnerability that goes into creating the anthems that have sculpted our lives.



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Winner of the Oregon Book Award for General Nonfiction and Los Angeles Times bestseller

"It makes good music sound better."-Janet Maslin in The New York Times

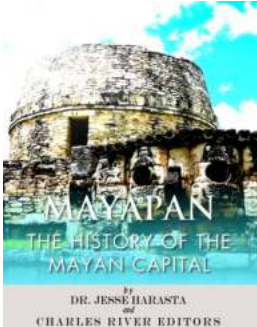
"A fascinating look into the West Coast recording studio scene of the '60s and the inside story of the music you heard on the radio. If you always assumed the musicians you listened to were the same people you saw onstage, you are in for a big surprise!"-Dusty Street, host of Classic Vinyl on Sirius XM Satellite Radio

If you were a fan of popular music in the 1960s and early '70s, you were a fan of the Wrecking Crew-whether you knew it or not.

On hit record after hit record by everyone from the Byrds, the Beach Boys, and the Monkees to the Grass Roots, the 5th Dimension, Sonny & Cher, and Simon & Garfunkel, this collection of West Coast studio musicians from diverse backgrounds established themselves in Los Angeles, California as the driving sound of pop music-sometimes over the objection of actual band members forced to make way for Wrecking Crew members. Industry insider Kent Hartman tells the dramatic, definitive story of the musicians who forged a reputation throughout the business as the secret weapons behind the top recording stars.

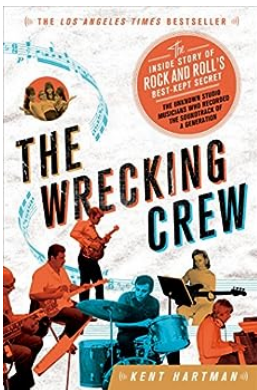
Mining invaluable interviews, the author follows the careers of such session masters as drummer Hal Blaine and keyboardist Larry Knechtel, as well as trailblazing bassist Carol Kaye-the only female in the bunch-who went on to play in thousands of recording sessions in this rock history. Readers will discover the Wrecking Crew members who would forge careers in their own right, including Glen Campbell and Leon Russell, and learn of the relationship between the Crew and such legends as Phil Spector and Jimmy Webb. Hartman also takes us inside the studio for the legendary sessions that gave us Pet Sounds, Bridge Over Troubled Water, and the rock classic "Layla," which Wrecking Crew drummer Jim Gordon cowrote with Eric Clapton for Derek and the Dominos. And the author recounts priceless scenes such as Mike Nesmith of the Monkees facing off with studio head Don Kirshner, Grass Roots lead guitarist (and future star of The Office) Creed Bratton getting fired from the group, and Michel Rubini unseating Frank Sinatra's pianist for the session in which the iconic singer improvised the hit-making ending to "Strangers in the Night."

The Wrecking Crew tells the collective, behind-the-scenes stories of the artists who dominated Top 40 radio during the most exciting time in American popular culture.



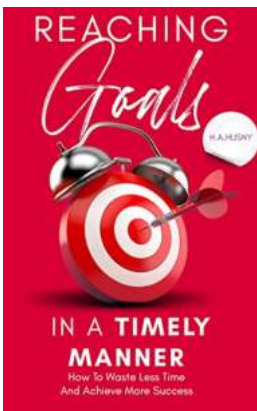
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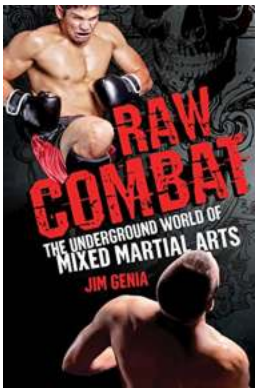
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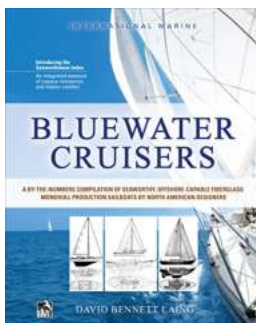
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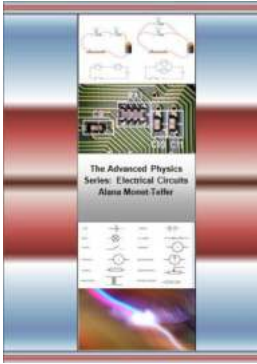
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