# Unveiling the Mysteries of Remote Viewing: Journey into High Strangeness and Zen

#### What is Remote Viewing?

Remote viewing is a fascinating phenomenon that allows individuals to perceive and gather information about a distant or unseen target through extrasensory perception (ESP). It involves using the mind's intuitive abilities to access nonlocal information beyond the limitations of time and space.

#### **Exploring High Strangeness in Remote Viewing**

Remote viewing not only enables access to hidden knowledge, but it also often leads to encounters with bizarre and unexplained phenomena. These "high strangeness" experiences can range from encounters with unidentified flying objects (UFOs), cryptids, ghosts, and even encounters with beings from other dimensions or parallel realities.

Some remote viewers have reported seeing strange creatures during their sessions, while others claim to have witnessed extraordinary events that defy scientific explanation. These encounters with high strangeness challenge our perception of reality and invite us to question the nature of the universe and our place within it.

## The Time Before the Secret Words: On the Path of Remote Viewing, High Strangeness and Zen

by Arshad Iqbal (Kindle Edition)

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#### **Delving into Zen and Remote Viewing**

Zen is a spiritual philosophy and practice that emphasizes living in the present moment and attaining enlightenment through direct experience and insight. It involves letting go of attachment to thoughts, perceptions, and concepts to connect with the underlying, unconditioned reality.

Remote viewing shares similarities with Zen in its emphasis on direct perception and accessing information beyond ordinary consciousness. Both practices require the practitioner to let go of mental chatter and ego-driven narratives to tap into a deeper level of awareness.

Combining the principles of Zen and remote viewing allows individuals to enhance their intuitive abilities, transcend limited perspectives, and explore the mysteries of the cosmos with a sense of detached curiosity and openness.

#### Practical Steps to Begin Your Remote Viewing Journey

If you're intrigued by the world of remote viewing and wish to embark on your own journey, here are some practical steps to get started:

#### 1. Cultivate Inner Stillness

Develop a meditation practice to quiet the mind, cultivate inner stillness, and improve focus. This will allow you to access your intuitive abilities more easily during remote viewing sessions.

#### 2. Learn Remote Viewing Techniques

There are various remote viewing techniques taught by experienced practitioners. Explore techniques such as Controlled Remote Viewing (CRV) or Coordinate Remote Viewing (CRV) to develop your skills and enhance your ability to gather accurate information.

#### 3. Practice Regularly

Consistency is key when it comes to remote viewing. Set aside regular time for practice sessions to improve your skills and build a stronger connection with your intuitive abilities.

#### 4. Document Your Sessions

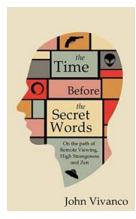
Keep a journal to record your remote viewing sessions, including the information you gather, any high strangeness experiences, and personal insights. Documenting your progress will help you track your development over time.

#### 5. Connect with Other Remote Viewers

Join online communities or forums dedicated to remote viewing to connect with others who share your interest. Engaging in discussions, sharing experiences, and receiving feedback from experienced practitioners can greatly enhance your understanding and skills.

Embarking on the path of remote viewing offers a unique glimpse into the mysteries of the universe. As you delve into the realms of high strangeness and

explore the principles of Zen, you'll discover a profound connection to the unknown and develop a greater understanding of your own consciousness. So, embrace the adventure and uncover the secrets that await on your remote viewing journey.



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From the of the book -

We move like ghosts through the ether, silent and undetectable, gathering information that can't be gathered any other way. To Al Qaeda, we are of the Djinn; to the FBI, we are Psychic Spies.

When the Twin Towers fell, we were likely part of some Hail Mary plan the FBI had -- "break glass in case of major terrorist attack only". They knew about us because we had run slightly afoul of them on a treasure hunting project, then

again, every intelligence service knew of us. We were a successful Civilian Remote Viewing think tank developed just after it became declassified.

Post 9/11, the FBI brought us in to Remote View future terrorist attacks, and we were successful in helping to prevent another. The odd thing was, even though we were helping prevent terrorist attacks, there was a secretive covert group whose sole job was to shut us down. From setups, to death threats, we dodged as much as we could so we could keep working to bring this amazing ability to the world.

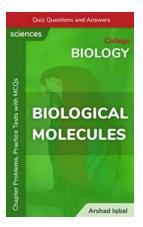
Being a Remote Viewer can also result in an exorbitant amount of High Strangeness. It opens the door to mind-bending projects which force you to see the world in a completely different light. One moment you're working on predicting markets for a hedge fund, the next, you're an inadvertent contact point to an alien species asking you for help.

I didn't arrive at Remote Viewing with the belief I had any psychic ability at all. It was, in fact, the words of Mr. Causey ultimately driving me. As a child, he warned me to always remember the time before words – the moment before thought is created. This obsession sent me on a journey to explore my consciousness and to know the self, where it left me to live in a Zen Center, while running a team of Remote Viewers.



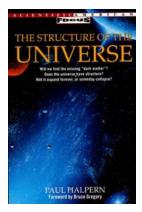
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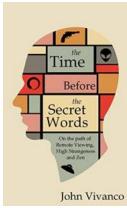
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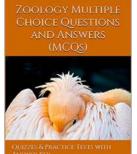
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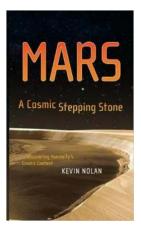
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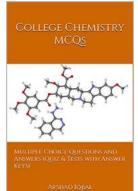
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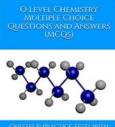
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